

Be Still

The Chichester Contemplative Prayer Group
Exploring Silent Prayer in the Christian Tradition
Programme 2020



We meet on the 1st and 3rd Tuesdays each month
7:15pm for 7:30pm - 8:30pm

at 4 Canon Lane, Chichester, PO19 1PY

(except 3rd Dec - in the Lady Chapel, St George's Church, Chichester
and 21st April and 21st July in the Vicars' Hall)

**Each evening involves reflections on a theme for the day (set out
on pages 2 and 3) interspersed with periods of silent prayer.**

This year, the themes are drawn from 'Reflections on the Unfolding Year'
by Canon Alan Wilkinson (Lutterworth Press)

Each evening stands alone, so come when you can.

We also meet several times a year for Study Days
(Set out on Page 4)

Drawn from 'Reflections for the Unfolding Year' by Canon Alan Wilkinson (Lutterworth Press)

Date	Theme	Text
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Advent 2019

3 Dec**	How do you respond to Jesus?	John 3:19
17 Dec**	Cancelled	

Christmas and Epiphany

7 Jan	The Generosity of God	Kings 17 John 2: 1-10
21 Jan	Watching and waiting	Psalm 48: 10 Luke 2: 25-28

Preparing for Lent

4 Feb	Meditations in Lent: Ten easy steps on how to pray	Ephesians 6: 18
18 Feb	Desert and ash	Mark 1: 12

Lent

3 Mar	Paying attention	Mark 8: 35
17 Mar	Dying to live	1 Cor 1: 23-24
7 Apr	Good Friday - Image of God	Luke 23: 34

Easter

21 Apr**	Easter - seeing and believing	John 20: 19-20
5 May	Life everlasting	Psalm 73: 25-26
19 May	Community of the Resurrection and forgiveness	John 20: 19-31

Date	Theme	Text
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Ascension and Pentecost

2 June	Powerful and unseen Holy Spirit	Acts 2: 1-21
16 June	Everlasting God	Isaiah 40: 28

Trinity

7 July	Walls and Divisions	Isaiah 56: 7 Psalm 133
21 July**	Sabbaths	Deuteronomy 5: 12
4 Aug	The Transfiguration	Luke 9: 26-38
18 Aug	World Faiths	John 1: 1-5
1 Sep	Believing in God	1 Cor 13: 12-13
15 Sep	Wrestling with God	Genesis 32: 34

Approaching Advent

6 Oct	Praying	Psalm 42
20 Oct	Silence of God	Isaiah 64: 1
3 Nov	All Saints	Hebrews 12: 1
17 Nov	Christ the King	Matthew 28: 10

** Note that sessions on these dates are not in 4 Canon Lane, but in St George's Church (3 Dec) & Vicars' Hall (21 April & 21 July)

Saturday Study Days

Meeting from 10:00am for 10:30 - 3:00pm

All in the Vicars' Hall, Chichester Cathedral

28 March 2020

St Teresa of Avila

Dr Roy Norton,
Lecturer in Spanish Literature at
Christ Church, Oxford

9 May 2020

The Eucharist

Rev. Canon Stephen Ferns,
Senior Chaplain to the Bishop of
Chichester and Canon Treasurer of
Chichester Cathedral

31 October 2020

Topic to be decided

The Venerable Luke Irvine-Capel,
Archdeacon of Chichester

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